

# **Student Essay on The Moment We Cease to Learn and to Grow, We Die**

## **The Moment We Cease to Learn and to Grow, We Die**

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# Essay

The moment we cease to grow, we begin to die. What does this quote mean to you? In the act of living, we make mistakes but hopefully learn from them. The quote is trying to say that the moment we stop growing, stop learning, and stop thinking, our brain or mentality starts to die. Whenever we learn something, our heart and mind grows accordingly. If we ceased to grow, it will feel like we are stuck in a remote state with nothing happening. There are many political, social, economic, emotional, and physical ways this quote can be interpreted.

Don't you always want to be involved? It doesn't matter what age you are: in your 70's or in your childhood. You always want to feel that you're a part of something and you're involved. In some communities, old men are chosen to volunteer for the community. You probably think "Yeah, they can't do much, they're old" but the elder gentlemen, they would love to help out. They hate having the feeling that they can't do anything anymore. At any age, anyone is able to learn. Knowledge is interminable and it also keeps one's mind fresh. When one is not doing something new, one is not learning anything. As you get more involved socially, you tend to develop. If you stopped developing, you would not acquire anything.

Another social example of the quote relates somewhat to emotions. When you are in a relationship with a friend you make plenty of mistakes. But after you make a mistake you try not to do it again and you learn from it. Through it all, you learn from your experiences and your mind matures. When you stop learning from your errors, or you continuously make the same mishaps and don't learn your lesson, you're stuck in a never-ending cycle.

When one makes a mistake we should learn and move on and making sure that we do not make the same mistake again. Each time we have a new experience, ideally we learn more and more. Our insights enable us to be more alert and prevent problems from happening again. If none of these experiences ever happened we would never learn. When one stops learning and growing, they begin to die. The moment we cease to grow, we begin to die.