

Student Essay on Fear

Fear

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Essay

Fear - to some, fear is the thrill of life, to others it is a terrifying element that must be overcome, to me, it is the core of my being. I live in fear. Everywhere I go, everything I do, I wonder, I know someone is watching. I can't hide from them, I can't see them, but they are there. I sense someone behind me, so I turn, only to find an empty void staring me in the face. That is of what I am afraid. I fear loneliness, solitude, isolation from human contact. I need people to be around me. When I am alone, I must resort to talking to myself, or to my mirror, but when I am around people, I find that I have nothing to say. I fear talking to people, because I never say the right thing, but I fear being without them, for I might go crazy - if I haven't already done so.

One could say that I have inner turmoil, but one could say a lot of things and their saying something does not make it true. One could say that I am depressed, but it may not be accurate. One could say that I am psychotic, but how would they know? No one knows for sure unless they come into my head, but that is where all the trouble is in the first place, so that would not be a good idea. No one can know the extent of my fears.