

# **Student Essay on The Evils of Smoking**

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# Essay

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Why should you Prevent Smoking

Did you know that there are 6 million smokers in Canada? The purpose of this essay is to persuade people from smoking. Thankfully, since 1981 less and less people are smoking. The fact that smoking is bad for your lungs, its bad taste and its absolute annoyance to other people should be more than enough reason to stop people from smoking.

Firstly, cigarettes contains over 4,000 chemicals. When these chemicals are combined it makes tar. This tar sticks to clothing, skin and the inside of our lungs. Also, it sticks to the cilia in our lungs which makes it harder to breathe. If your lungs are covered in tar they can't work properly and we might die.

Secondly, smoke does not smell good nor does it taste good. When we start smoking we might cough. The smell of smoke might make us dizzy. Normally people won't eat something that taste bad, thus which is why there should be no reason to start smoking.

Thirdly and lastly, smoking annoys people. If you breathe smoke from another person's cigarette it is just as bad as smoking yourself. This is called second hand smoking and hundreds of people die from this every year in Canada.

In Conclusion, by showing the adverse effects of smoking it should be evident that you should not smoke. Because smoking is bad for your lungs, it smells bad and annoys other people it is apparent that if you are smoking you should quit.